

28th June, 2026, 13th Sunday /A

TEMORA MISSION AREA

Our Lady Help of Christians Parish Ardlethan/Sacred Heart Aria Park

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Sacred Heart Temora

Parish Priest Fr Alex Osborne

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St Therese Barellan

In our Prayers: Lee Jackson, Robyn Richards, Neville Caldwell.

For our Deceased: Paul Maher, Deceased Family, Friends,

Victims of war, violence, accidents & natural disasters.

July 4 - 5

Ariah Park 6.00 p.m. *Liturgy Sat*

Mass

Temora 6pm. Saturday 5pm. Sunday

Mass

Ardlethan **8am** Barellan 10am Sunday

REFLECTION - *Hard Sayings.*


Today's Gospel includes a number of so called 'hard sayings' of Jesus. They identify the basic paradox of our Christian faith: it is only by emptying ourselves in imitation of Jesus (*Phil 2:7*) that we can receive the fullness of life which is his gift (*Jn 10:10*). There can be no real growth in the Spirit if self-interest prevails.



This Sunday calls us to place Jesus at the centre of our lives. The readings show how faith changes the way we act and welcome others. The woman of Shunem opens her home to Elisha, and God blesses her with a child. Paul reminds us that baptism brings new life and calls us to live for God.

Jesus teaches that following Him means choosing Him first. This can be hard, but He also says that even small acts of kindness matter. A simple cup of water given in His name has great value. This day invites us to live with open hearts and to let faith guide both our big choices and our small actions. <https://young-catholics.com>

REFLECTION QUESTIONS

- ? What does it mean to put Jesus first?
- ? How can I be more welcoming to others?
- ? How do my daily choices show I follow Jesus? 

KEY SCRIPTURE

"Whoever loses his life for my sake will find it."

- Matthew 10:39 

Challenge: Put faith before comfort, fear, or approval from others. Look for simple ways to show kindness and support people who serve God.

Action Step: Do one small act of kindness this week for someone in need. Offer help, encouragement, or hospitality without expecting anything back.



Serve Others in Love

Feast of Saints Peter and Paul

Tomorrow the Church celebrates the feasts of the Peter and Paul—two different men yet both called, like us, to continue the Mission of Jesus, confident in the power of Holy Spirit. Each of them trusted in the companionship of Jesus to strengthen them for the journey and not allowing fear to overcome their courage.

What can we learn from them?

How can we follow them?



In the words of the Preface for the feast, we reflect:

For by your providence the blessed Apostles Peter and Paul bring us joy:

Peter, foremost in confessing the faith, Paul, its outstanding preacher,

Peter, who established the early Church from the remnant of Israel,

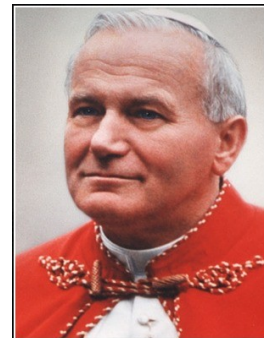
Paul, master and teacher of the Gentiles that you call.

And so, each in a different way

gathered together the one family of Christ;

and revered together throughout the world,

they share one Martyr's crown.



There is no place for selfishness and no place for fear! Do not be afraid then when love makes demands. Do not be afraid when love requires sacrifice.

Pope John Paul II



Happy Birthday

Robyn, we give thanks for your gift of life as you celebrate your birthday today. May our good God bless you with the gifts that are just right for you at this time.

Roster 5th July

Leader:

Reader: Tracey Passlow

Ex. Minister :

Acknowledgement of Country - With respect, we acknowledge the country, the skies, the waterways and spiritual systems of the Wiradjuri people on whose land we gather. We acknowledge the elders for the passing on of knowledge, language and spiritual connections to country.

Parish Safeguarding Commitment — Our Lady Help of Christians Parish Ardlethan/Sacred Heart Arian Park is committed to safeguarding and upholding the rights of all our children and vulnerable people. We seek to empower children, their families and carers and vulnerable people, to have a say, to be listened to and to be protected. Parishioners are encouraged to raise any concerns they may have by emailing Fr Alex Osborne at alex.osborne@cg.org.au. Parishioners are also welcome to contact Maria Hicks, manager for the Archdiocesan Institute for Professional Standards & Safeguarding (IPSS) at ipss@cg.org.au or phone 02-62399806.